



Community Board Amersham and Villages



amersham@buckinghamshire.gov.uk



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Updates from the previous year

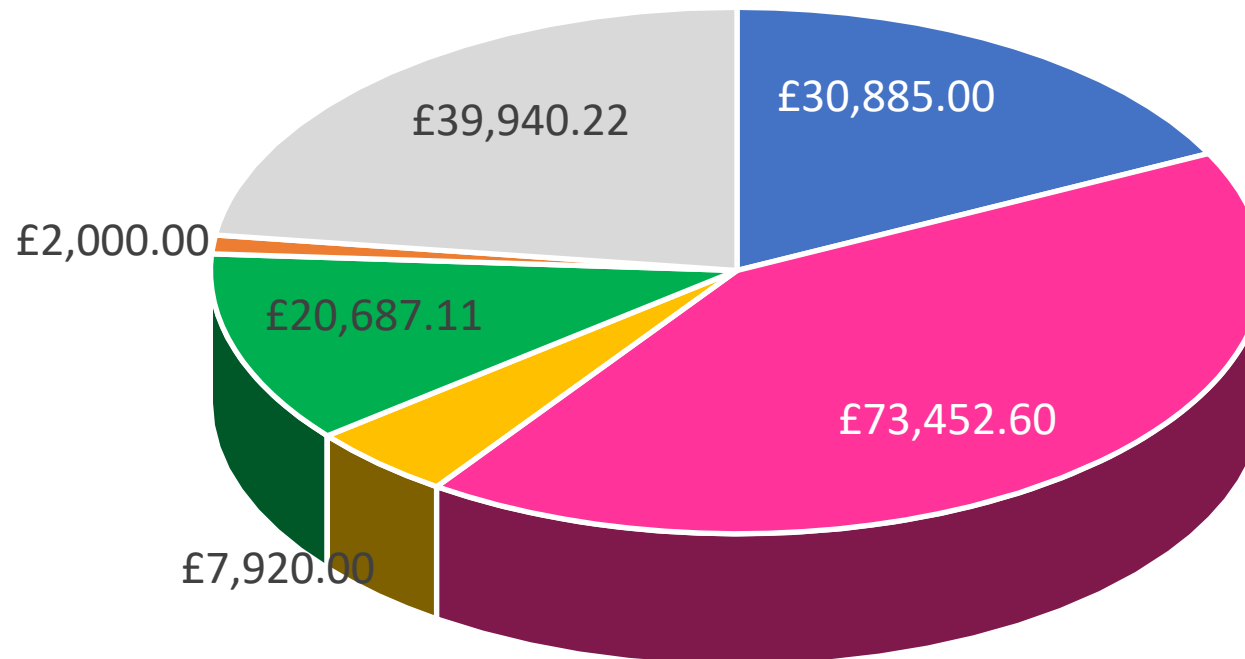
Engagement

- *150 people signed up to the quarterly newsletter*
- *Over 600 Facebook followers / 135 Instagram followers*
- *Post reach over 12,000 on Social Media since January*
- *105 people in attendance at the February event (photo)*

*First in person event:
Saturday 12th February
Amersham Community Centre*



Spend by Area of Focus



■ Transport

■ Environment

■ Health & Wellbeing

■ General / Comms

■ Economic Regeneration

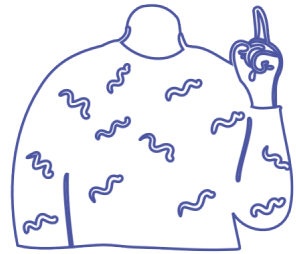
■ Spend carried over from 20-21



Projects supported 2021-22

Amersham Town Council Seed for Bees	Little Chalfont Primary School Early Years Environment Area
Amersham Youth Summer Team	Chesham Bois School No Stopping Signs
Amersham Museum Shopping Before Plastic	Little Chalfont Dementia Café
Chesham Bois Burial Ground	Coleshill Village Noticeboard
Amersham Youth Club Renovations	Little Chalfont Nature Park Path
Wellbeing Walks for Young Adults with Autism	Commemorative Jubilee Benches
Bucks Mind KS1 Mental Health project	Coleshill Common Picnic Bench
Mental Health First Aid Training Project	Cue34 Theatre Project - In Tune
Stony Dean School Pond Restoration	Amersham Action Group Town Map
St Mary's Pond Restoration	Amersham Youth Thursday Sports Club
Radio Christmas	Amersham Martyrs Play
Santa's Grotto	Old Hanging Wood CIC Explore the Woods
CHAT Respite Charity	Old Amersham Artisan Market
MVAS for Little Chalfont	Tree House Health & Wellbeing & Defibrillators
Little Chalfont Primary School Edibles Garden	Coleshill Weight Restriction and Speed Limit
Coleshill Common Management Committee BioBlitz	Dr Challoner's Grammar - School Crossing
Old Amersham Revite Group Memorial Garden Water Fountain	St George's School Parking Bollards

Community Matters



An opportunity for individuals or community group representatives to ask questions, share updates, and suggest future discussion points...

Forward Planning

Areas of Focus

We asked for feedback on priorities at the Community Event in February - the suggested areas of focus for the Community Board in 2022-23 are:

- *Health & Wellbeing*
- *Supporting our Young People*
- *Improving the Environment*
- *Enabling a Safe and Thriving Community*



Project ideas/themes

Health and Wellbeing

Community Growing and Sharing

Charity park runs and walking groups

Family cookery sessions

Improving the Environment

Reducing our carbon footprint

Improving local green spaces

Rewilding of verges

More litter signage

Supporting our Young People

More activities for young people

Support for young people with SEND

Youth worker training & development

DofE & UCAS volunteering projects

Enabling a Safe and Thriving Community

Gain a bigger presence on Social Media

Engage with hard to reach residents

Economic Regeneration & supporting the high street

Support volunteer led initiatives

Task & Finish Groups



Installation of new cycle racks in high footfall areas

- Tasks to include:
 - Liaising with land owners (Parish Councils)
 - Discussing and agreeing locations
 - Sourcing best value for money
- To get involved email Lizzie.Wright@Buckinghamshire.gov.uk

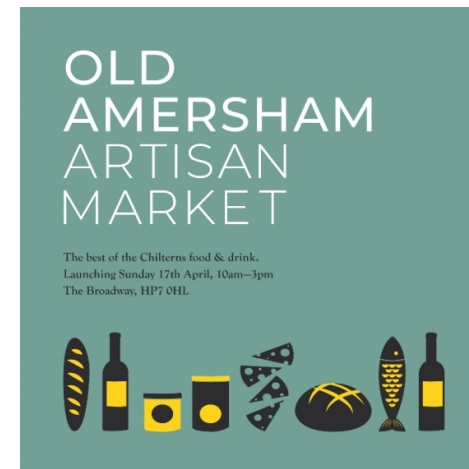


Setup a group to monitor and respond to speeding queries

- Tasks to include
 - Liaising with the Parish Councils around situating MVAS
 - Liaising with Community Speedwatch at Thames Valley Police
 - Developing a schedule of areas to be monitored – following the Chesham model
- To get involved email Lizzie.Wright@Buckinghamshire.gov.uk

Project updates

- Commemorative Benches
- Defibrillators
- Artisan Market
- Dr Challoner's Grammar School



Presentations

Live Well Stay Well

- NHS Health Checks aim to help prevent heart disease, stroke, diabetes and kidney disease. They help to identify early signs of poor health. Amersham & Villages Community Board has an uptake of 45.3% of those eligible.
- The Healthy Lifestyle Service provides effective and evidence-based support for people to stop smoking, lose weight and be active amongst other support and advice.



Grow It Cook It Eat It

- In the Amersham Community Board 2,969 residents are living in households at a higher risk of food poverty (12.5% of the population) and 25.4% of children in year 6 in the area are overweight or obese.
- Community gardens can benefit the health and wellbeing of the local community (this project has a wide range of benefits including reducing risk of heart disease and alleviating social isolation through promoting community spirit), as well as environmental and green priorities.





Project proposal

- The cost of living crisis is beginning to impact more and more people
- With the price of food going ever higher, it's harder to cook nutritional meals on a budget
- We would like to setup a new Task & Finish group to discuss and develop project ideas that will help to:
 - Identify local community growing sites
 - Providing training in cookery skills
 - Map local produce and collect/deliver it to those in need

Other matters



Making every contact count

- People who experience social isolation and loneliness are more likely to experience depression and anxiety, be physically inactive, smoke and drink alcohol, have an increased risk of heart disease and dementia, and die prematurely. Amersham has the 6th highest rate of emergency admissions for mental health in the county.
- MECC upskills people to have effective and informal healthy conversations around making positive changes to physical and mental health and wellbeing.
- A free 1hr online MECC training session is held on the first Tuesday of every month and can be booked here: <https://www.eventbrite.co.uk/e/introduction-to-mecc-course-tickets-190219791517>
- It is available to everyone working or volunteering in the voluntary, community and social enterprise sector, council and health care partners who are in the Buckinghamshire area.





Dementia Champions

- Dementia Action Week takes place from 16-22 May
- The Amersham & Villages Community Board area ranks 7th in the County for dementia emergency admissions.
- Dementia Friends Awareness Sessions can be delivered to local communities and businesses. Local champions can be given training to deliver the sessions in their community. Sessions are 50 minutes.
- The Alzheimer's Society have been commissioned by Buckinghamshire Council and Bucks CCG to deliver a new Dementia Support Service in Buckinghamshire from 1st April 2022. It is available to anyone who is worried about their memory or affected by dementia.





- Homes for Ukraine – next slide
- Change of bin collection day from the week commencing Monday 9 May
- Jubilee Celebrations – activity packs and waived road closures for events
- Helping Hand – support for families and individuals in need
- £150 council tax rebate
- Care advice website
- Local plan consultation – 3,439 responses and results expected in the summer
- Consultations: yourvoicebucks.citizenspace.com/





- Public invited to 'sign up' if they are willing to host an individual or family for a minimum of six months (Homes for Ukraine scheme) – they should register their interest on the Government website: <https://www.gov.uk/register-interest-homes-ukraine>
- Visa Scheme launched allowing Ukrainians to come to the UK for up to three years if they have a named sponsor under the Homes for Ukraine Scheme. The council do not do the matching for sponsors, but do checks to help us understand key needs (these do not hold up the visa process).
- The Heart of Bucks donation page can be found here - <https://www.totalgiving.co.uk/appeal/helping-hand-ukraine>
- Community Impact Bucks set up an online resource for **individuals, charities and community groups** providing **support for Ukrainian refugees in Buckinghamshire** - <https://communityimpactbucks.org.uk/support-for-ukrainian-refugees-in-buckinghamshire/>
- Use the Bucks online directory to promote community groups in your area <https://directory.buckinghamshire.gov.uk/>



Join Task & Finish Groups:

1. Cycle Racks
2. Speeding
3. Community Food Support

Submit a project idea:

<https://forms.office.com/r/Nuk90YR599>

Join our next Board Meeting:

28 July 2022 6:30pm

THANK YOU

We look forward to seeing you next time